



Football - Men

GROUP A

TaTU

CCTU

ATU

HTU

GROUP B

DHLTU

BTU

STU

GROUP C

TTU

KsTU

KTU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	TaTU vs CCTU	6.30AM	St. Augustine	
"	2	ATU vs HTU	7.30AM	St. Augustine	
SUN. APRIL 6	3	DHLTU vs BTU	6.30AM	St. Augustine	
"	4	TTU vs KsTU	7.30AM	St. Augustine	
MON. APRIL 7	5	ATU vs TaTU	6.30AM	Siwdu	
"	6	STU vs DHLTU	7.30AM	Siwdu	
"	7	KTU vs TTU	8.30AM	Siwdu	
"	8	CCTU vs HTU	1.00PM	CAPE COAST STADIUM	OPENING CEREMONY
TUES. APRIL 8	9	BTU vs STU	6.30AM	Siwdu	
"	10	KsTU vs KTU	7.30AM	Siwdu	
"	11	CCTU vs ATU	2.00PM	Seminary	
"	12	TaTU vs HTU	3.30PM	Seminary	
SEMI FINAL					
WED. APRIL 9	13	WINNER A vs WINNER B	2.00PM	Siwdu	
"	14	WINNER C vs RUNNER UP A	3.00PM	Siwdu	
3RD PLACE					
THUR. APRIL 10	15	LOSER 13 vs LOSER 14	6.30AM	St. Augustine	
FINAL					
SAT. APRIL 12	16	WINNER 13 vs WINNER 14	1.00PM	CAPE COAST STADIUM	CLOSING CEREMONY





Football-Women

GROUP A

TaTU

STU

CCTU

KTU

GROUP B

TTU

ATU

HTU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	TaTU vs STU	6.30AM	Adisco	
"	2	CCTU vs KTU	7.30AM	Adisco	
"	3	TTU vs ATU	8.30AM	Adisco	
SUN. APRIL 6	4	KTU vs TaTU	6.30AM	Adisco	
	5	CCTU vs STU	7.30AM	Adisco	
"	6	HTU vs TTU	8.30AM	Adisco	
MON. APRIL 7	7	TaTU vs CCTU	6.30AM	Adisco	
"	8	STU vs KTU	7.30AM	Adisco	
	9	ATU vs HTU	8.30AM	Adisco	
SEMI FINAL					
TUES. APRIL 8	10	WINNER A vs RUNNER UP B	6.30AM	Adisco	
"	11	WINNER B vs RUNNER UP A	9.30AM	Adisco	
3RD PLACE					
WED. APRIL 9	12	LOSER 10 vs LOSER 11	6.30AM	Adisco	
FINAL					
SAT. APRIL 12	13	WINNER 10 vs WINNER 11	6.30AM	Adisco	





Volleyball - Men

GROUP A

ATU
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KTU

GROUP B

TTU
DHLTU
BTU

GROUP C

TaTU
STU
KsTU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	ATU vs HTU	6.30AM	Adisco	
"	2	CCTU vs KTU	7.30AM	Adisco	
"	3	TTU vs DHLTU	6.30AM	Adisco	
"	4	TaTU vs STU	7.30AM	Adisco	
SUN. APRIL 6	5	CCTU vs HTU	6.30AM	Adisco	
"	6	ATU vs KTU	7.30AM	Adisco	
"	7	TTU vs BTU	8.30AM	Adisco	
"	8	TaTU vs KsTU	9.30AM	Adisco	
MON. APRIL 7	9	HTU vs KTU	6.30AM	Adisco	
"	10	CCTU vs ATU	7.30AM	Adisco	
"	11	DHLTU vs BTU	8.30AM	Adisco	
"	12	STU vs KsTU	9.30AM	Adisco	
SEMI FINAL					
TUES. APRIL 8	13	WINNER A vs WINNER B	2.00PM	Adisco	
"	14	WINNER C vs RUNNER UP A	3.00PM	Adisco	
3RD PLACE					
WED. APRIL 9	15	LOSER 13 vs LOSER 14	6.30AM	Adisco	
FINAL					
WED. APRIL 9	16	WINNER 13 vs WINNER 14	7.30AM	Adisco	





Volleyball - Women

GROUP A

TaTU

KsTU

ATU

CCTU

GROUP B

TTU

KTU

HTU

GROUP C

DHLTU

BTU

STU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	TaTU vs ATU	6.30AM	Adisco	
"	2	CCTU vs KsTU	7.30AM	Adisco	
"	3	TTU vs KTU	8.30AM	Adisco	
"	4	DHLTU vs BTU	9.30AM	Adisco	
SUN. APRIL 6	5	TaTU vs KsTU	6.30AM	Adisco	
"	6	CCTU vs ATU	7.30AM	Adisco	
"	7	HTU vs TTU	8.30AM	Adisco	
"	8	STU vs DHLTU	9.30AM	Adisco	
MON. APRIL 7	9	CCTU vs TaTU	6.00AM	Adisco	
"	10	ATU vs KsTU	7.00AM	Adisco	
"	11	KTU vs HTU	8.00AM	Adisco	
	12	BTU vs STU	9.00AM	Adisco	
SEMI FINAL					
TUES. APRIL 8	13	WINNER A vs WINNER B	7.00AM	Adisco	
"	14	WINNER C vs RUNNER UP A	8.00AM	Adisco	
3RD PLACE					
WED. APRIL 9	15	LOSER 13 vs LOSER 14	6.30AM	Adisco	
FINAL					
WED. APRIL 9	16	WINNER 13 vs WINNER 14	7.30AM	Adisco	





Handball - Men

GROUP A

ATU

TTU

KTU

KsTU

GROUP B

TaTU

BTU

DHLTU

GROUP C

HTU

CCTU

STU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	ATU vs TTU	6.30AM	Sports Stadium	
"	2	KTU vs KsTU	7.30AM	Sports Stadium	
"	3	TaTU vs BTU	8.30AM	Sports Stadium	
"	4	HTU vs CCTU	9.30AM	Sports Stadium	
SUN. APRIL 6	5	KTU vs ATU	6.30AM	Sports Stadium	
"	6	TTU vs KsTU	7.30AM	Sports Stadium	
"	7	TaTU vs DHLTU	8.30AM	Sports Stadium	
"	8	HTU vs STU	9.30AM	Sports Stadium	
MON. APRIL 7	9	KsTU vs ATU	6.00AM	Sports Stadium	
"	10	TTU vs KTU	7.00AM	Sports Stadium	
"	11	BTU vs DHLTU	8.00AM	Sports Stadium	
	12	CCTU vs STU	9.00AM	Sports Stadium	
SEMI FINAL					
TUES. APRIL 8	13	WINNER A vs WINNER B	2.00PM	Sports Stadium	
"	14	WINNER C vs RUNNER UP A	3.00PM	Sports Stadium	
3RD PLACE					
WED. APRIL 9	15	LOSER 13 vs LOSER 14	6.30AM	Sports Stadium	
FINAL					
WED. APRIL 9	16	WINNER 13 vs WINNER 14	7.30AM	Sports Stadium	





Handball - Women

GROUP A

HTU

KsTU

CCTU

GROUP B

TaTU

BTU

ATU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	HTU vs KsTU	2.00PM	Sports Stadium	
"	2	TaTU vs BTU	3.00PM	Sports Stadium	
SUN. APRIL 6	3	CCTU vs HTU	2.30PM	Sports Stadium	
"	4	ATU vs TaTU	3.30PM	Sports Stadium	
MON. APRIL 7	5	KsTU vs CCTU	2.30PM	Sports Stadium	
"	6	BTU vs ATU	3.30PM	Sports Stadium	
SEMI FINAL					
TUES. APRIL 8	7	WINNER A vs RUNNER UP B	6.30AM	Sports Stadium	
"	8	WINNER B vs RUNNER UP A	9.30AM	Sports Stadium	
3RD PLACE					
WED. APRIL 9	9	LOSER 7 vs LOSER 8	7.30AM	Sports Stadium	
FINAL					
WED. APRIL 9	10	WINNER 7 vs WINNER 8	7.30AM	Sports Stadium	





Basketball - Men

GROUP A

TTU

KsTU

HTU

GROUP B

TaTU

BTU

KTU

GROUP C

ATU

STU

CCTU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	HTU vs KsTU	6.30AM	CCTU	
"	2	KTU vs BTU	7.30AM	CCTU	
"	3	CCTU vs STU	8.30AM	CCTU	
SUN. APRIL 6	4	TTU vs KsTU	6.30AM	CCTU	
"	5	TaTU vs BTU	7.30AM	CCTU	
"	6	ATU vs STU	8.30AM	CCTU	
MON. APRIL 7	7	HTU vs TTU	6.00AM	CCTU	
"	8	KTU vs TaTU	7.00AM	CCTU	
"	9	CCTU vs ATU	8.00AM	CCTU	
SEMI FINAL					
TUES. APRIL 8	10	WINNER A vs WINNER B	2.00PM	CCTU	
"	11	WINNER C vs BEST 2 ND PLACE	3.00PM	CCTU	
3RD PLACE					
WED. APRIL 9	12	LOSER 10 vs LOSER 11	6.30AM	CCTU	
FINAL					
WED. APRIL 9	13	WINNER 10 vs WINNER 11	7.30AM	CCTU	





Basketball - Women

GROUP A

TTU

KsTU

KTU

CCTU

GROUP B

HTU

ATU

TaTU

FIXTURES

DATE	MATCH NO.	TEAMS	TIME	VENUE	
SAT. APRIL 5	1	CCTU vs KTU	2.00PM	CCTU	
"	2	KsTU vs TTU	3.00PM	CCTU	
"	3	TaTU vs ATU	4.00PM	CCTU	
SUN. APRIL 6	4	TTU vs KTU	2.00PM	CCTU	
"	5	CCTU vs KsTU	3.00PM	CCTU	
"	6	TaTU vs HTU	4.00PM	CCTU	
MON. APRIL 7	7	TTU vs CCTU	6.30AM	CCTU	
"	8	KTU vs KsTU	7.30AM	CCTU	
"	9	ATU vs HTU	8.30AM	CCTU	
SEMI FINAL					
TUES. APRIL 8	10	WINNER A vs RUNNER UP B	6.30AM	CCTU	
"	11	WINNER B vs RUNNER UP A	9.30AM	CCTU	
3RD PLACE					
WED. APRIL 9	12	LOSER 10 vs LOSER 11	6.30AM	CCTU	
FINAL					
WED. APRIL 9	13	WINNER 10 vs WINNER 11	7.30AM	CCTU	





Athletics Programme Line-Up

Thursday April 10, 2025

1.00pm	200m (Men/Women)	-	Qualification
	High Jump (Women)	-	Finals
	3000m (Women)	-	Final
	100m (Men/Women)	-	Qualification
	Javelin (Men)	-	Final
	5000m (Men)	-	Final
	4 x 100m (Men/Women)	-	Qualification
	Long Jump (Men)	-	Final
	200m (Men/Women)	-	Final
	4 x 400m (Men/Women)	-	Qualification

Friday April 11, 2025

8.00am	4 x 200m (Men/Women)	-	Qualification
	400m (Men/Women)	-	Qualification
	Shot Put (Women)	-	Final
	Discus (Men)	-	Final
	Triple Jump (Men)	-	Final
	800m (Men/Women)	-	Final
	4 x 200m (Men/Women)	-	Final
	Long Jump (Women)	-	Final
	4 x 100m (Men/Women)	-	Final

LUNCH BREAK

1.00pm	Medley - 1600 (Men/Women)	-	Final
	100m (Men/Women)	-	Final
	High Jump (Men)	-	Final
	Javelin (Women)	-	Final
	400m (Men/Women)	-	Final
	Shot Put (Men)	-	Final
	Triple Jump (Women)	-	Final
	4 x 400m (Men/Women)	-	Final

